



## The Legend of Lech and the White Eagle



There once lived in the same land three brothers, Lech, Czech, and Rus. As their families and holdings grew, they decided they must move to new lands. Together, they set out, riding over mountains and rivers, through forests and wild country. No people, towns, or villages could be found. On the crest of a mountain top, they separated, each going in a different direction. Czech went left, Rus right, and Lech rode straight ahead, down the mountain and across vast plains.

One day, Lech and his troops came to a meadow surrounding a small lake. As they watered their horses, a great eagle flew over their heads in great swooping circles before perching on its nest. Lech stared in awe at the beautiful sight. As the eagle spread its wings and soared into the heavens again, a ray of sunshine from the red sunset fell on the eagle's wings, so the pure white feathers appeared tipped with gold.

"Here we will stay!" declared Lech. "This will be our home."

And so Lech and his people came to call themselves Polonians, which means "People of the Field." They made a banner with a white eagle on a red field and flew it over the first capitol of Poland, the town of Gniezno or, in English, the Eagle's Nest.

This was the birth of Poland.



PRCUA 2017 OCTOBER POLISH AMERICAN  
HERITAGE MONTH COLORING CONTEST

This contest is open to PRCUA Members from 3 to 18 years old. This image is to be used for age categories 3-5 years, 6-8 years, and 9-12 years.

Use crayons, pencils, markers or paint (no fabric, sequins, or glitter).

1st & 2nd Place prizes will be awarded in each age category. Prizes are age-appropriate and include a certificate of achievement.

DEADLINE: Entries must be received at the Home Office by Tuesday, October 31, 2017.

MAIL TO: PRCUA Coloring Contest  
984 N. Milwaukee Ave.  
Chicago, IL 60642-4101



NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_  
AGE \_\_\_\_\_ GRADE \_\_\_\_\_ SOC# \_\_\_\_\_

If you are a current PRCUA student, include the name of the language or dance school you attend: \_\_\_\_\_  
\_\_\_\_\_