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NARÓD POLSKI Polish Nation

IN THIS ISSUE:

CALENDAR OF EVENTS
page 2

BUSINESS pages 3-5

CULTURE/MEMBER NEWS
/HISTORY pages 6-16

Kids' Activity Page - 11
VP Column - 12-13
Higher Perspectives - 18

POLISH SECTION
pages 19-21



Welcome to 2021!

The world has changed quite a bit in the last months. We have learned a new way to adapt to this ever-changing environment we live in. The year 2020 has certainly reshaped our thinking while living in a global pandemic era. We are also tackling social justice and reform. We will look back on the past year, reflect on the lessons we have learned and try to right the ship to sail into new waters. As our ancestors have done in the past, we will work through this and tackle challenges as they arise.

We cannot be truly sure what the upcoming months have in store for us. As the world changes, everyone thinks back to what we may call simpler times. No social media, no smart phones – a time when few things provided immediate gratification, such as when we took our film to get developed and waited a week to see our pictures. These times have given us a chance to recognize how important it is to be grateful for what and who we have in our lives without taking anything for granted. It has helped us slow down and spend more time with our immediate families, but also check in more often with our extended loved ones to assure that they are well and if they need assistance with anything. We cannot be sure when this pandemic will pass, but we must strive to maintain our health and take care of our family and friends to assure that they are well. Please remember to be aware of your surroundings and follow the simple three W rule:

Watch your distance • Wash your hands • Wear a mask

And, one last thing to remember – limit your high fives.

Being part of the PRCUA family gives us all more reasons to be grateful, pride of our past and heritage, but a constant need to keep looking to the future. Instill your knowledge of your heritage in your descendants. With your membership and support of the Polish Roman Catholic Union of America, you help us ensure that our culture will continue to thrive through Polish language and dance schools, as well as the other cultural and fraternal events we normally sponsor throughout the year.

As always, on behalf of the officers, directors and staff of the PRCUA, we wish you a happy, healthy and fruitful New Year! I look forward to seeing you in 2021.

Remember, get involved, stay involved and get others involved!

Fraternally yours,

James J. Robaczewski, ALMI, FIC, ACS
PRCUA National President



...protecting *Life* through all its stages!

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JANUARY

1 NEW YEAR'S DAY – THE PRCUA OFFICE WILL BE CLOSED.

26 WARREN, MI – PRCUA #1593 ST. JOHN PAUL II SOCIETY MEETING on Tuesday January 26 at 7:00 p.m. at the A.P.C.C. located on 2975 E. Maple Rd. in Troy, MI. Election of officers will take place along with other important society matters.

FEBRUARY

11 TŁUSTY CZWARTEK (PL)

15 PRESIDENTS' DAY – THE PRCUA OFFICE WILL BE CLOSED.

15-21 2020 PRCUA HOCKEY E-SPORT TOURNAMENT. For more information see the ad below or go to PRCUA.org/sports.

16 FAT TUESDAY (U.S.)

17 ASH WEDNESDAY | POPIELEK

Many of the PRCUA events have been canceled this year due to the COVID-19 outbreak. For updates, please contact your local PRCUA districts, societies and schools, and check *Naród Polski*, PRCUA social media platforms and www.prcu.org.

FROM THE EDITOR

The long-awaited year 2021 has come and with it a new hope that this year will turn out significantly better than 2020. When we started 2020, nobody could have foreseen that most of the plans made for events scheduled in March and the following months would have to be greatly altered.

As I leaf through the pages of the various issues of the *Naród Polski* from previous years, I marvel at the number and variety of events organized by the PRCUA Home Office, districts, societies, and schools, that we reported on in the pages of our publication every month and every year. We had about 35 major events listed in last year's calendar for the months of January, February and March. And this number did not include some of the events organized by other parties, and attended by our Executive Officers, marketing and sales team members, or by me.

How fortunate we are to have Polish organizations, parishes, Polish Saturday schools, etc., to serve Polish-Americans, to offer them, and especially the youngest members of our community, all the resources they need to learn about the Polish culture, traditions, and history of Poland as well as history of our Polish American heritage, and to unite us as one ethnic group.

In March 2020, after the outbreak of the COVID-19 pandemic, one by one, the events planned for the rest of the year got rescheduled or cancelled due to the concerns about the safety and health of participants. Let's hope this year we will be able to return to the normalcy that we know, and enjoy again the many events and people that we are missing.

Thank you to all the PRCUA affiliated schools and societies who, throughout the past 9 months, (cont on pg. 11)

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Call for details or visit **PRCUA.org**

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Michael Dziadkowiec
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Elzbieta Sawczuk
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5	\$720.58	\$1,203.65	\$2,652.88	\$5,068.25
10	\$795.63	\$1,353.75	\$3,028.13	\$5,818.75
15	\$882.31	\$1,527.13	\$3,461.56	\$6,685.63

Sample Rates for Males

Age	\$5,000	\$10,000	\$25,000	\$50,000
0	\$710.41	\$1,183.32	\$2,602.05	\$4,966.60
5	\$782.33	\$1,327.15	\$2,961.63	\$5,685.75
10	\$867.07	\$1,496.63	\$3,385.33	\$6,533.15
15	\$963.78	\$1,690.05	\$3,868.88	\$7,500.25

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202101-NP-EN-ESE-AN



Insurance Checklist for the New Year — Are You Prepared for 2021?

Make a resolution to review your coverage and beneficiaries!



The start of a new year is a great time to re-evaluate your life insurance coverage. Changing circumstances may lead to different insurance needs. Did you have a baby? Get married? Purchase a new home or car? If so, you'll want to check whether you have the right fit in policy protection. COVID-19 has highlighted how important planning

for the unexpected really is. Take some time to talk with your sales representative and review your certificates to see if they meet your current needs. Even if you haven't experienced a life changing event, you could be eligible for discounts or new insurance products may better serve your needs.

Impact on Life Insurance and Annuities

Changes—such as a birth, divorce, remarriage or even a new mortgage or new job—are indicators that you might need to make changes to your life insurance, or at the very least, that you should review your coverage.

Read your policy carefully and answer these questions:

- What is your current amount of coverage? Is this sufficient to protect your loved ones if something were to happen to you?
- Do premiums or benefits vary from year to year?
- Is there cash value? If so, how does it grow?
- Can the certificate be converted into another form of insurance or annuity?
- Are the beneficiary designations on your life insurance or annuities current?

In the case of the birth of a child or a new marriage, you might want to consider increasing your death benefit.

Alternatively, events like paying off your mortgage, retirement or children finishing college might mean that you can lower your life insurance coverage and premiums. Your life insurance company might be able to offer "conversion privileges" from your current term life insurance policy to a new whole life insurance policy without a medical exam. You might also be able to expand your death benefits so they can be used while you are still living. Ask your **PRCUALife** sales representative about these options.

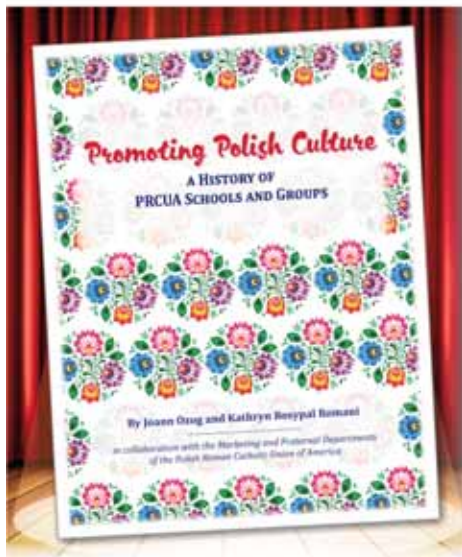
Remain current on product specials and offers – read the *Naród Polski* and check our website and social media pages.

For more information, contact us today!



202101JCNF

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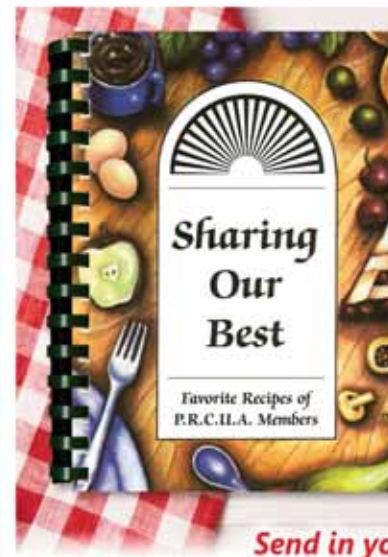


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PRCUA Marketing Dept., 984 N. Milwaukee Ave., Chicago, IL 60642

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SHARING OUR BEST – FAVORITE RECIPES OF PRCUA MEMBERS 130TH PRCUA ANNIVERSARY COOKBOOK	\$15 EACH		\$2 EACH	
PRCUALife FACE MASK	\$10 EACH		FREE SHIPPING UP TO 5 MASKS	
2021 PRCUA CALENDAR	FREE		FREE SHIPPING UP TO 5 COPIES	
			TOTAL AMOUNT ENCLOSED	

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NEWS FROM THE TATRY DANCERS

By Joelle Schade

This has been a huge transitional year for the Tatry Dancers in Dearborn Heights, MI. Covid aside, Tatry had a change in leadership as our dear Roseann Lackey stepped down as director after more than 30 years of service. We are so grateful for all the hard work she did to keep our group at the high standard for which we have become known. God bless you in your retirement, Roseann, and thank you for taking care of all of us for so many years.

Replacing Roseann in the role of director is Gail Esker. Gail has been a Tatry parent for the last 13 years and stepped in to fill Roseann's incredibly big shoes. Gail, with the help of parents, has already had some creative ideas for fundraisers and events. Since there was no recital or any of the other Tatry end of the year traditions, Gail hosted a picnic

in July to celebrate the dance year. The outdoor celebration included food, lawn games, individual personalized awards for all of the dancers, and a presentation to celebrate Roseann's retirement.

Sadly, Tatry lost one of their nearest and dearest supporters, Father Ed Balazy in July. He was the pastor of St. John the Baptist in Dearborn Heights, that has been home to Tatry for 50 years. We will miss him.

Tatry is also anticipating a change of location for our classes. St. John the Baptist in Dearborn Heights was merged with several other parishes and the building and grounds are being sold. We will soon be moving to St. Sebastian (also in Dearborn Heights) so we decided that our outreach this year would be to collect food items for their food pantry. We had a wonderful response and the parish was grateful for Tatry's generosity.

Classes resumed in October. Dancers started learning the steps for their polkas but did not do any partner work to reduce possible virus transmission. Dance teacher and choreographer Karen Lubiarz started teaching the students their novelty (non-Polish) dances ahead of their polkas since the novelties do not require partners. At the time this goes to press, classes are currently paused due to the current shutdown in

Michigan so the status of our 50th anniversary year recital is uncertain.

The Tatry Dancers have also recently conducted two successful fundraisers. The first was selling squares for the Detroit Lions Thanksgiving Day football game. All 100 squares were sold! This event was followed by a Srodek's pierogi and kielbasa sale—everyone will be receiving their orders just in time for Christmas celebrations!



RICHARD OWSIANY REELECTED THE PRESIDENT OF THE PMA

On November 18, 2020, the Board of Directors of the Polish Museum of America elected Richard F. Owsiany to his third term as President.

Mr. Owsiany has been active with the PMA for many years, he has been on the Board of Directors since 2007 and the President since October 2014. Under his leadership, the PMA has continued to make improvements and add new exhibits. This in-

cludes new lighting of the exhibits in the Sabina P. Logisz Great Hall, refurbishing of the Deborah Greenlee Polish Pavilion Room, the opening of the Transportation Room exhibit, and the new exhibit of Polish modern art and Polish Past in Chicago (1850-1939), along with many temporary exhibits. With these improvements, exhibits, and events, the PMA has become a central gathering place for Polonia. In addition, the PMA has

developed relationships with many organizations and Polish government agencies.

Also elected as officers are Andrew Pawlowski and Paul Odrobina as Vice Presidents, Dean Uminski as Treasurer, and Victoria Granacki as Secretary. Mr. Owsiany stated, "I am honored that I can continue to lead the PMA and have the confidence of the Board of Directors to keep moving the Polish Museum of America to greater heights and to continue our mission of *Preserving the Past to Benefit the Future.*"



SACRED HEART OF JESUS SOCIETY #162 CHILDREN'S DRIVE-THRU CHRISTMAS PARTY!

By Stanley Pasko

Christmas 2020 at PRCUA Society #162 was a little different this year. But continuing a very long-standing tradition in Wyandotte, MI, we were able to manage some kind of Christmas for the kids at Society #162. Santa and Mrs. Claus arrived to greet the kids and take some socially distanced pictures. Each of the kids under the age of 10 received a gift bag from Santa filled with a few

things to help ease into the Christmas season.
Special thanks to Lisa Brandt, Mary Ann Davis, Michele Stechschulte, for shopping, mailing the postcards and putting the gift bags together. Thank you to all of Santa's helpers for facilitating the day, and of Course Thank you to Mr. and Mrs. Claus!
More photos on pages 8 and 9..







ZAJĄCZEK DANCE ENSEMBLE NEWS

By Karrie Westphal, Secretary
Zajączek Dance Ensemble

CONGRATULATIONS GRADUATES

Zajączek Dance Ensemble is proud to announce its 2021 high school graduates. These two dancers have participated in so many community events through the years, truly promoting their Polish heritage. This year's graduates are Victoria Dawidowicz and Olivia Westphal.

Victoria is a senior at Austin Catholic High School in Chesterfield, MI. She plays varsity basketball, soccer, cross country and track, is involved in student government as treasurer, all while maintaining a 4.3 grade point average. This graduate dancer loves pierogi, TV shows, and strives to be a future mechanical engineer. Her favorite non-human is her golden retriever, Merlin. Victoria has been dancing for sixteen years.

Olivia is a senior at Regina High School in Warren, MI and also plays varsity basketball, tennis, and is involved in student government as a class representative. She has also been involved in volleyball and girl's lacrosse during her high school career. Olivia is a member of the National Honor Society, peer ministry team, Eucharistic ministry, theater, studio dance, and is an altar server. Further embracing her Polish heritage, during the summer of 2020, Olivia virtually attended Jagiellonian University in Kraków, Poland as a camp participant in its School of Polish Language and Culture. This graduate dancer also was a member of the Halka-Zajączek Dance Ensemble which traveled to Poland in 2018 to participate in the Children's Festival in Iwonicz-Zdrój. Olivia has been dancing for seven years.

Congratulations Victoria and Olivia for your commitment and dedication. May God bless you always.



Victoria Dawidowicz



Olivia Westphal

AND THE WINNER IS...

Congratulations to the following Zajączek Dance Ensemble students who participated in the PRCUA coloring contest in October and were named winners in their appropriate age categories. They are:

- Mary Lackaye - 3rd Place (3-4 year age group)
 - Nora Glaeser - 2nd Place (5-6 year age group)
 - Helena Lucas - 2nd Place (10-12 year age group)
 - Meredith Bayus - 2nd Place (13-15 year age group)
- Thank you for making us proud!

SMILES FOR PIEROGI

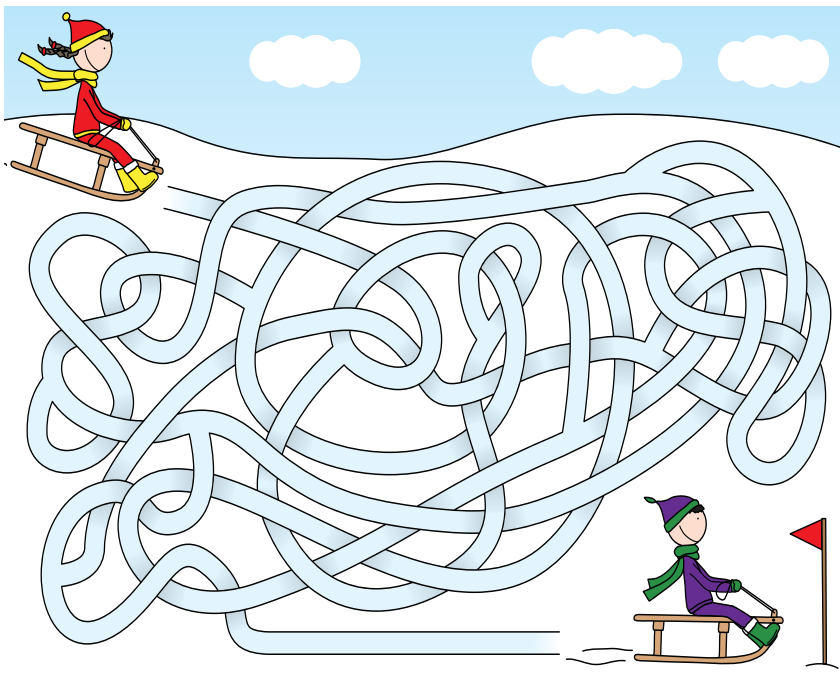
On Thursday, December 18, 2020 cars pulled up to the American Polish Century Club in Sterling Heights, MI honking their horns to pick up their pierogi and kielbasa orders. Just in time for the holiday, these sales help to fund our beloved Zajączek Dance Ensemble. To quote Colleen Bonkowski, Dance Ensemble director, "Thank you to Srodek Campau Quality Sausage Company of Hamtramck for giving the dance schools a great holiday fundraiser! Zajączek families sold 1,443 pierogi and kielbasa items. The order was so large we had to rent a U-Haul truck to pick it up! The best part of the day was being able to wave to my students as they drove by with their families!" Group one dancer, Johnathan Dennis, was all smiles as he and his family picked up their pierogi order. *Dziękuję* to everyone! Stay safe and healthy.



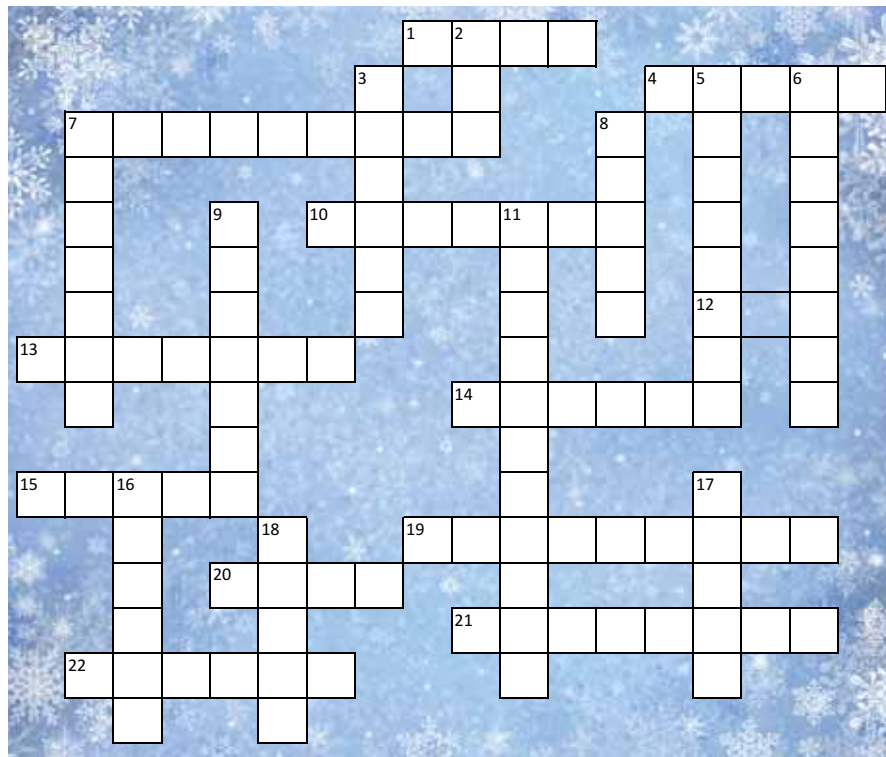
Victoria and Olivia getting ready for their graduation



1. Find a way down the slope.



2. Solve the English/Polish winter theme puzzle.



3. Find 10 differences between the two pictures.



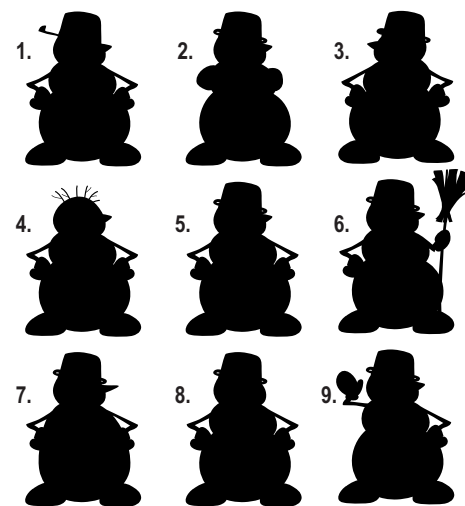
ACROSS (English):

1. You sit on it to go down snow-covered hill.
4. It "bites" your nose when it's cold.
7. A wide ski ridden down the hill in winter.
10. A knitted piece of clothing for the upper body.
12. Frozen water.
13. January 1.
14. Frozen piece of water hanging from the roof.
15. Delicious hot beverage.
19. At home, you put logs in it to keep warm.
20. White flakes falling from the sky.
21. A brief light snowfall.
22. Used for gliding on ice.

DOWN (Polish):

2. You skate on it.
3. A figure built out of snow.
5. These keep your hands warm.
6. These keep your feet warm.
7. First month of the year.
8. You ski on them.
9. Polish Nativity play.
11. Epiphany Day.
16. You wear it on your head.
17. Pulled by the horse in *kulig*.
18. It falls from the sky in winter.

4. Find the correct shadow.



Answers on pg. 12



The Open Door Otwarte Drzwi

Micheline "Misia" Jaminski

Vice President | wiceprezes
micheline-jaminski@prcu.org

Happy New Year! As we awaken from the surreality known as 2020, I join the rest of the world and echo the optimism and hope for a healthier, safer, friendlier, and calmer New Year. Vigilance, patience and discipline will still be front and center in the war against Covid-19, but there is a light at the end of the tunnel.

As well-intentioned as New Year's resolutions are, the implication is that something in peoples' lives needs to be changed. When did this notion begin? Well according to my resources, the Babylonians are credited almost 4000 years ago with resolving to pay their debts at the beginning of their year. As the calendar changed, so did the resolutions: there were vows to the gods asking for forgiveness and giving gifts as penance; promises to show kindness; in Medieval Times, the knights reaffirmed their chivalry as a yearly tradition; and getting rid of past bad luck. Interestingly enough, the top two New Year's resolutions of the modern world - eating healthier and exercising more - were not even a consideration.

As I was driving into work one day, I heard something that grabbed my attention on the radio. Bob Sirott from WGN radio referred to an article, "15 Underrated Weight Loss Tips That Actually Work" (MSN Lifestyle, 11/18/2020, Eat This, Not That! Editors) and I thought they were interesting enough to share my favorite ones with you as you begin your New Year's resolution to eat healthier.

1. "KEEP IT COOL" at night could help you shed belly fat while you sleep.
2. "ORDER A COFFEE BLACK" – 2 cups a day could result in 4% less belly fat.
3. "CHOOSE RED FRUIT". Red fruit is best for weight loss. First and foremost on the list - Pink Lady apples, followed by watermelon, red grapes and raspberries which contain higher level of flavonoids – com-

pounds that give fruit its red color. These calm the action of fat storage genes.

4. "TAKE A WHIFF". Smelling fresh green apples or bananas curb the appetite making sugary foods less appealing. The produce makes you subconsciously think about making healthier choices. Shea butter-based lotion could have the same effect.
5. "BECOME A CEREAL KILLER". Oatmeal is more satiating than a bowl of cold cereal and can help you slim down. The instant varieties are not as nutritious as the slow cooking one.
6. "TAKE A CANDY DAY-DREAM". If you dream about eating candy, you will supposedly eat less of it. (Let me know if this works for you).
7. "SCHEDULE A WORKOUT DATE". Invite your spouse or a friend to meet you at the gym to workout (check local mandates) or to take a walk in the park. You can socialize, as you get fit. Teaming up with someone keeps you on track.
8. "HOST A MELON BANQUET". Melons reign supreme in burning fat and debloating the belly (Side note: melons are also high in fiber, Vitamin C, potassium, and a few B vitamins like B6). Watermelon lowers fat accumulation; honeydew banishes water retention and bloating. (Cantaloupes help to avoid the symptoms associated with vitamin A deficiency, including loss of vision and a weak immune system).
9. "PREGAME YOUR DINNER". Noshing on an apple or broth-based soup before going to dinner can lower calorie intake by 20% because you should eat less.
10. "GET YOURSELF SOME FISH OIL". Rich in Omega 3 fatty



Jaselka at St. John Paul II School

acids, eating tuna, salmon, mackerel and sardines or by taking supplements, fish oil will help jump start weight loss. It boosts weight loss by making you feel full.

11. "MAKE A BREADLESS SANDWICH".

December 2020 was a bit more tranquil than in years past, leaving more time to decorate and more energy to enjoy the Christmas holidays. Richard and I personally pulled out all the stops and brought out all of our Christmas decorations to be enjoyed by the family, especially by the children. It was also a great time to reminisce and make new memories. I do hope your holidays were special, joyous and memorable.

The month began with a virtual PRCUA Board of Directors Meeting (12/4).

The students of the St. Raphael Kalinowski Polish School, Munster, IN were visited by Jolly Old St. Nicholas on December 6. On the same day, in Wyandotte, MI, PRCUA Society 162 (Stan Pasko, President) or-



Winners of JPIIS coloring contest

ganized a drive by Christmas party. See p. 7 for photos and details.

St. John Paul II Polish School, Lemont, IL held their Christmas contest on December 12th. Winners: Paulina Gal and Victoria Kramowski (1st place); Dominika Zyskowski and Sophia Schifano (2nd place); Julia Wozniak and Lena Zyskowski (3rd place). Congratulations! On De-



Director Myron Cislo with Polanie dancers

cember 19, the School's Kindergarten students presented their *Jasełka*.

Anna Kraszewski-Winkler, Managing Director of Southwest Center of Polish Song & Dance, was ably assisted by Michael Dziadkowiec, Choreographer and Dance Instructor, in distributing Christmas gifts to the dancers of the group as well as those of *Wesoły Lud* in another drive-by gift giving on December 10 and 11. Thank you, Pani Ania! Meanwhile, National Director D-8, Myron Cislo, passed out PRCUA gifts to the Polanie Dancers of the St. John Paul II Polish School in Lemont, IL on December 12.



Happy Birthday Conrad!

The Sales and Marketing team celebrated Conrad Wiecek's birthday on December 15. Conrad wears many hats at PRCUA – my Chief of Staff and Fraternal Department Coordinator. He and I go back a long way – he is the Artistic Director and Choreographer of *Lechici Dancers* of the Polish Scouting Organization. *Lechici* and *Wesoły Lud* worked together for many years as well. Conrad was also the Vice President of the PFDAA (Polish Folk Dance As-

sociation of the Americas) when I was President. Once again, all the best Conrad and Sto Lat!

Srodek Campau Quality Sausage Company of Hamtramack has provided the Michigan PRCUA Dance Schools a great Holiday Fundraiser for the last three years. Each participating school selects from the menu the items they would like to offer their supporters, collect the orders and deliver the goods. Participating in this moneymaker were: Halka, Tatry, Gwiazda, Opole, Polski Maki, Malbork, and Zajączek. Thursday (12/17) was Happy Pierogi Pick Up Day for the Zajączek Dance Ensemble who sold 1443 pierogi and kielbasa items. I commend the elves of the PRCUA Michigan Dance Schools who took advantage of this terrific offer. Thanks Srodek for your support! (I applaud your marketing idea).

The PRCUA and PMA Employee Christmas Party was held in the Social Hall at Home Office on Friday, December 18. Kudos to Anna Grabowski, Executive Secretary to the President, and Julie Prado, Manager of Member Services, Inna Parasych, and Natalia Hofmann who coordinated the event with social distancing in mind and doing an outstanding job. See p.14 for details and photos.

On December 18, Maria Konopnicka Polish School, Oak Lawn, IL presented their art contest awards dedicated to St. Pope John Paul II. Winners were: Ella Kulikowski, Daniel Hajnos, Sara Duda, Michael Walus, Izabella Luszczek, Kacper Balos, Aleksandra Kropiewski and Jessica Wenc. Pictured with the



Winners of the art contest at M. Konopnicka

winners is the Principal, Marek Adamczyk, and School Board Vice President Joanna Niedzielski. Congratulations to all the winners!

It was with great sadness that I learned of the passing of a former *Wesoły Lud* member, Paul Hinch, age 54, in Frederick, Maryland. Paul got his start in offset printing at the PRCUA print shop in the 1980s after which he graduated from the Kodak School in Rochester, New York. From there, he went on to work for the U.S. Government Printing Office in Washington, D.C. Of late, he was a civilian employee at the Pentagon. Paul is survived by his wife, Mary Lopez, son P.J., daughter Roxanne, and older brothers Peter and John. Condolences to the family. Eternal rest grant unto him, O Lord.



Lucas Montgomery

On a lighter note: congratulations to PRCUA National Director D-7, Anna Krysinski and husband, Janusz, on the birth of their first grandchild, Lucas, on Saturday, December 19. Best wishes to the parents, Jaclyn Krysinski (artistic director and choreographer of Polonia Ensemble) and Brian Montgomery.

Wrapping up my PRCUA responsibilities for the month, I was asked to make a presentation on behalf of our organization and its Polish language and dance schools at the Forum of Polonia Representatives of Culture and Art. The virtual forum was sponsored by *Stowarzyszenie Wspólnota Polska* (President Dariusz Bonisławski), moderated by Professor Jan Sienkiewicz with Ma-

riusz Grudzień (President of the Rzeszów Branch of *Wspólnota Polska* and lifelong Director of the Rzeszów and Iwonicz Zdrój Festivals). Through its financial subsidy of its ensembles and choreographers in International Festivals of Polish Folk Ensembles in Rzeszów and of Children's Ensembles in Iwonicz, together with the Choreographer Courses in both Lublin and Rzeszów, PRCUA had the opportunity to share its history, recognize its past and present schools, showcase its publications, as well as its overall contribution to the perpetuation of Polish culture, especially folk dancing at this Forum amidst many international speakers. I spoke on behalf of all the individuals – past and present – who continue to live and breathe the culture of our forefathers here in the United States. We are the Polonia of today thanks to the Polonia of yesteryear and together we will leave a Polonia for generations in the future. Until next month, please stay safe and healthy.

FROM THE EDITOR

(cont from pg. 2)

continued to submit information on their limited activities and our members' news.

Despite the pandemic, we try to keep our publication as informative and interesting as possible. At the suggestion of our Executive Officers, we will be introducing a new column this year about Leaders of the Polish Roman Catholic Union of America, which will not only present the PRCUA's leaders, but also members who contributed significantly to the growth and welfare of our fraternal. Thanks to those individuals, the PRCUA is quickly reaching its 150th anniversary in 2023. We hope you will enjoy reading about our fore-runners and present members who made the PRCUA one of the leading Polish organizations in the U.S.

Stay safe, healthy and positive, and keep us informed about your families and any events happening in your area.

Faternally,
Lidia Kowalewicz
Executive Editor
Naród Polski



The Executive Officers received Christmas table arrangements, presented to them by their assistants on behalf of all the employees

HOME OFFICE EMPLOYEES CELEBRATE CHRISTMAS

The PRCUA Home Office employees and the PMA employees were invited to an annual employee Christmas party which was held during the lunch hour in the PRCUA Social Hall on Friday, December 18, 2020.

The Executive Officers President James Robaczewski, Vice President Micheline Jaminski and Secretary-Treasurer Agnieszka Bastrzyk welcomed everyone to the annual celebration. President Robaczewski wished all a Merry Christmas and *Wesołych Świąt*, as well as a healthy, safe and prosperous New Year.

Usually, employee Christmas parties are a time of jolly gatherings. Due to the Covid-19 pandemic, the celebration this year was very different. Everyone's safety was ensured with sparsely arranged table seating, the employees didn't share the traditional *opłatek* or personally exchange any wishes, and no games were played. Even the beautiful Christmas carols that are traditionally sung at the end of the party, did not resound down the hall this year.

The employees presented Mr. Robaczewski, Mrs. Jaminski and Mrs. Bastrzyk with Christmas floral arrangements. They were very grateful to the Officers for organizing this informal celebration, which brought a warm feeling of camaraderie and good cheer - much needed to brighten everyone's mood at the end of this unforgettable year.



PRCUA GWIAZDA DANCERS' LATEST HAPPENINGS

By Nicholas J. Nowakowski
Gwiazda Secretary & 1997 Alumnus

Happy New Year 2021! The PRCUA Gwiazda Dancers extend well wishes for peace, health, safety, prosperity, and normality during the new year. After 2020, it can only get better, right? Like all of 2020, December didn't look exactly like Christmases past.

In late November and early December, the Gwiazda Dancers held their annual Srodek's Christmas Food Fundraiser (many other metro-Detroit area PRCUA dance schools run a similar fundraiser). With this fundraiser, the Gwiazda Dancers were able to provide Polish food items for their friends' and families' Christmas tables.

For the past several years, the PRCUA Gwiazda Dancers have participated in Beaumont Hospital's "Moonbeams for Sweet Dreams" event. The event has garnered local and national media attention. On several evenings during the month of December, people gather outside of the buildings housing the Beaumont's pediatric oncology wards and shine flashlights up toward the windows as a way to show patients, who are too sick to be home for the holidays, that they are being thought of.

In 2020 because of concerns to

COVID spreading in the assembled crowds for the event, the event's organizers decided to create a virtual Moonbeams for Sweet Dreams event. Seeing the value of this event, a "moonbeam" was donated on behalf of the Gwiazda Dancers to provide festive lights for one of the patients.

On December 3, 8, 10, 15, and 17 Wspólnota Polska organized and sponsored an online choreography course with choreographers from Poland providing instruction on dances from the regions of Kaszëbë, Lublin, and Wielkopolska, music from Beskid Żywiecki, and national dances. Gwiazda's choreographer, Basia Nowakowski, participated in this online event.

On December 6, Gwiazda 2019 alumna, Marianna Osentoski and her father, Tom Osentoski participated virtually in the VI Festiwal Dud Polskich which is held annually in Zbąszyń, Poland. Tom, a 50 year PRCUA member, has participated many times in the festival in person. Tom & Marianna hope to be able to perform again in person at the event in 2021.

The PRCUA Gwiazda Dancers are on social media. You can keep up to date with all of our activities by liking us on Facebook or by following us on Twitter (@PRCUA_Gwi-

RHODE ISLAND POLONIA SCHOLARSHIP FOUNDATION 2020 AWARDS

The Rhode Island Polonia Scholarship Foundation awarded four high school seniors \$1,000 grants toward their college education. The 2020 recipients are Victoria Jakubiak, Karolina Chrzanowska, Matthew Tactacan, and Nicholas Platek. Due to the Coronavirus and restrictions for social gathering the award ceremony had to be suspended for this year.

The recipients met all Foundation requirements including writing an essay on a selected topic pertaining to Polish culture, history, or music. The 2020 topic focused on researching the efforts made by ordinary Poles to shelter Jews and to help them escape certain death during World War II in German occupied Poland. Under the German occupation, any Pole who was caught aiding Jews was to be executed; and the death penalty was also extended to their family members.

Since its founding in 1978 the RI Polonia Foundation has awarded 351 grants totaling over \$308,000.00. These grants are made possible through the support of private individuals, businesses, and Polish American organizations. In addition to providing financial support, the Foundation strives to promote an appreciation of Polish culture and create an awareness of contributions made by Poland and Polish Americans.

Gregory Malec (PRCUA Soc. #896) serves as the Foundation President and Dr. Dorothy Pieniadz

serves as the Scholarship Selection Chairperson.

For additional information about the Foundation please visit www.facebook.com/Rhode-Island-Polonia-Scholarship-Foundation.

2021 Scholarship Criteria

Scholarships will be awarded to students of Polish-American descent who are Rhode Island residents or who belong to a Rhode Island Polish-American organization, and are U.S. citizens. Scholarships are open to high school seniors applying to an accredited post-secondary educational institution in either a two or four year program.

Criteria for awards include academic achievement, community service and financial need.

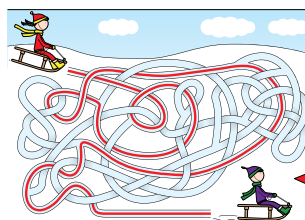
The scholarship award is for one year only, and is non-renewable. Among the scholarships awarded, two special scholarships honor distinguished members of the Rhode Island Community. The Reverend Fredrick V. Slota scholarship is awarded to the candidate with the most outstanding academic and personal accomplishments, irrespective of financial need. The Dr. Dorothy R. Pieniadz scholarship is awarded to a student planning a career in education or human services.

All applications will be considered for any of the above scholarships.

Application deadline is February 15, 2021.

ANSWERS TO THE PUZZLES ON PG. 9:

1. Find a way down ty slope:



2. Solve the puzzle:

ACROSS (English): 1. SLED;
3. FROST; 7. SNOWBOARD;
10. SWEATER; 12. ICE;
13 NEW YEAR; 14. ICICLE;
5. COCOA; 10. FIREPLACE;
20. SNOW; 21 FLURRIES; 22. SKATES
DOWN (POLISH): 2. LÓD; 3. BAŁWAN;
5. RĘKAWICE; 6. SKARPETY;
7. STYCZEŃ; 8. NARTY; 9. JASEŁKA;
11. TRZECH KRÓLI; 16. CZAPKA;
17. SANIE; 18. ŚNIEG.

3. Find 10 differences:



Marianna (2019 Gwiazda graduate) and Tom (PRCUA member) Osentoski performing virtually during the VI Festiwal Dud Polskich held in Zbąszyń, Poland

4. Find the correct shadow: 5

LEADERS OF THE POLISH ROMAN CATHOLIC UNION OF AMERICA

REV. LEOPOLD MOCZYGEMBA

Compiled by Lidia Kowalewicz
Executive Editor, *Naród Polski*



Rev. Leopold Moczygemba

Leopold Bonaventure Moczygemba is regarded as the "Patriarch of American Polonia." He was the founder of the oldest permanent Polish settlements in the United States, Panna Maria and Bandera, Texas, the founder of the Polish SS. Cyril and Methodius Seminary in Detroit (1885), one of the early leaders of Polonia. He is considered to be one of the founders of the Polish Roman Catholic Union of America (1873), and was the PRCUA's second President (1875-1880)

Leopold Moczygemba was born on October 18, 1824 in Płużnica Wielka in Upper Silesia.

He was the son of Leopold, an innkeeper, and Ewa (Krawiec), the daughter of a peasant from Boguszyce. His parents had ten children. He spent his childhood in his birthplace and in the nearby village of Ligota Toszecka and attended first the local Catholic schools and then schools in Gliwice and Opole.

In 1843, at the age of 19, Moczygemba decided to become a priest of the Franciscan Order and left for Italy, where on November 17, 1843, he entered the Order of Friars Minor Conventual. He completed his novitiate at the Monastery of Santa Vittoria delle Fratte in Osimo (Province of Ancona). On November 18, 1844, he made his religious vows, and began a peripatetic course of studies for the priesthood. He received the subdiaconate on December 14, 1846 and the diaconate on March 10, 1847. On July 25, 1847, Leopold was ordained a priest in Pesaro. Due to his young age, the prosecutor general of the order had to apply for a dis-

pensation to receive ordination.

He was sent by the Franciscan Minister General Magni to Wuerzburg, Bavaria for further studies. He stayed at the Oggersheim monastery in Bavaria for over four years. There, he met Bishop Jean-Marie Odin of the Diocese of Galveston in Texas, who returned to Europe seeking funds and missionaries to work in his diocese, which encompassed all of Texas. He recruited five Franciscan Minor Conventual priests and one lay brother to serve the German immigrant communities in Texas. Bishop Odin persuaded Moczygemba to undertake a mission in the USA.

He arrived in Texas on September 1, 1852 as a Missionary to serve in the vicinity of San Antonio, first in New Brunfels and later in Castroville.

Fr. Moczygemba became the pioneer of the Polish settlement in Texas. He purchased lands in the Karnes county, near San Antonio, and wrote letters to his family and friends, urging them to come to America. Encouraged by Father Leopold's enthusiastic praise of the new world of freedom and land, over 100 Polish families sold their possessions in Silesia and in October 1854, boarded a vessel and sailed for America. After a nine week journey, they arrived at Galveston in the winter of 1854. The newly-founded settlement was called Panna Maria for "Virgin Mary". Its symbolic beginning was a mass that Fr. Moczygemba celebrated under a live oak tree at the future church site on Christmas Eve of 1854.

It is estimated that at the call of Father Leopold, a total of about 2,300 people came to Texas.

In the spring of 1855, Fr. Leopold, as pastor of Panna Maria, started planning the construction of a church. The construction work on the church began in the summer of that year and it was completed in September 1856. Fr. Moczygemba blessed the church on September 29, 1856. The Immaculate Conception of the Blessed Virgin Mary Catholic Church was the first Polish church in the United States. Rev. Moczygemba served as its pastor until October 1856.

Between 1856-1858 he served as the first Superior of the Conventual Franciscan Missionaries in Texas.

In the summer of 1858, he traveled to Rome to secure more helpers for the Texas missions and to obtain permission for the organization of a Franciscan province in the United States. In October of 1858, he was appointed the first Commissary General of the new Commissariat for Conventual Franciscans headquartered in New York. At his request, he was relieved from his duties in June 1866, and resumed his duties as a missionary friar, ministering in Syracuse, Utica, and Oswego, New York.

In 1868, He opened the first Polish Parochial

School at St. Stanislaus Parish in Milwaukee, WI.

In 1869, he was an Apostolic Confessor at the First Vatican Council in Rome. After returning to the United States in 1870, Fr. Leopold devoted himself to parochial work in the diocese of Alton (now Springfield), IL, then to Litchfield, IL, and in November 1873, to Terre Haute, IN, and then, to St. Peter's parish in Louisville, KY.

In 1873, Fr. Moczygemba was the chairman of the convention called in Detroit, at which the Polish Roman Catholic Union of America was founded.

After the third PRCUA Convention in June, 1875, in Milwaukee, Fr. Moczygemba, when he was elected the president of the organization, began to devote time, energy and personal funds to the realization of the Union's educational program. In 1874, at the fourth PRCUA Convention, a decision was made to build the new college in a new Polish colony in Nebraska under the sponsorship of the Union. Fr. Leopold purchased 400 acres of land near North Loup (now Elbe) River in Nebraska for the site of the future school. In 1879, he personally submitted two petitions to Pope Leo XIII and received Papal approval of the projected Polish college.

While in Rome, he also submitted a personal petition to the Sacred Congregation of Bishops and Regulars, asking permission to leave the Franciscan Order and join the Resurrectionist Congregation, founded by Polish (*cont. on pg. 18*)



Moczygemba's monument in Panna Maria, TX

BOOK REVIEW

100 WAYS JOHN PAUL II CHANGED THE WORLD

Reviewed by:

Thomas J. Napierkowski, Ph.D.

**Professor of English
University of Colorado
Colorado Springs**

100 Ways John Paul II Changed the World. Patrick Novacosky. Our Sunday Visitor Inc., 2020. 191 pp. \$16.95.

Two pillars in the lives of most members of the Polish Roman Catholic Union and of readers of *Naród Polski* are their Catholic faith and their Polish heritage. This book is sure to strengthen both these pillars.

As the title announces, this book lists one hundred aspects, selected by the author, from the life and papacy of St. John Paul the Great that have significantly changed the world—including the Roman Catholic Church and the lives of countless millions of people.

The list begins with item one

hundred and works its way down to item one. Furthermore, the list is organized in groups of ten, the first item in each group is given a page-and-a-half to two pages in length, the remaining nine items in each group are limited to a single page. The final ten items of the list, numbers ten through one, are also longer in length and address topics identified by various scholars and authors who have studied John Paul's life and legacy and many of whom knew the Pope personally. These last items on the list are Devotion to Mary, Unpacking Vatican II, Culture of Life, World Youth Day, Luminous Mysteries of the Rosary, the *Catechism of the Catholic Church*, the Fall of Communism, Theology of the Body, Divine Mercy, and The New Evangelization. It is also worth noting, as Dr. Paul Kengor does in his Foreword, that the first and last

items in the list of one hundred have a particular significance since Religious Freedom, the first item listed, was regularly stressed by John Paul as "a cornerstone of human rights" and is now under attack in many countries, including by many in the United States, and since Evangelization, the final item, was identified by John Paul as the very reason the Church exists.

Although a couple of the one hundred items listed as world-changing are rather a stretch (#74 The Popemobile and #38 Love of the Circus), the list is well conceived and extremely well researched. Each entry is supported by quotations from the books, encyclicals, Apostolic letters, audiences, addresses, and homilies of Pope John Paul II and supported by observations from leading scholars of John Paul and of Catholic tradition and history—figures like George Weigel, Paul Kengor, Avery Cardinal Dulles, James Hitchcock, and others. Novacosky, who himself met Pope John Paul II five times, demonstrates an impressive familiarity with John Paul's papacy and those who have studied it.

An additional benefit of the book is that about ten percent of the listed items deal directly with Poland (e.g., #2 Divine Mercy, #4 The Fall of Communism, #27 Maximilian Kolbe, #28

Faustina Kowalska, #30 1979 Visit to Poland, #36 Our Lady of Czestochowa, #58 Defending Copernicus, #86 Solidarity (Solidarność) Trade Union, #87 Friendship with Cardinal Stefan Wyszyński, and #91 Impact on Poland); but virtually every item sheds light on John Paul's identification with the land of his birth and its influence on him and his papacy.

St. John Paul the Great made the world a better place; and this book, in its own modest way, continues his work of evangelization and spreads his message of hope. The book can be used in several ways. It can serve as a quick but preliminary reference tool for an overview of the many noteworthy aspects of the life and papacy of Karol Wojtyła; it can serve as an opportunity to reflect on this remarkable man and to meditate on the messages he taught by word and example; but, at some point, it should also be read from cover to cover to get a better appreciation of the many ways John Paul changed the world—and is still changing lives today.

100 Ways John Paul II Changed the World is, I am confident, a book that you will enjoy reading, one that will surely leave you better informed, and one that will strengthen your Catholic faith and your Polish heritage.

POLAND'S ROBERT LEWANDOWSKI – WORLD'S BEST FOOTBALLER

**By Robert Strybel,
Warsaw Correspondent**



Lewandowski at a press conference (2015)
(photo: Wikipedia)

Polish star striker Robert Lewandowski has been named the world's best player in the world's most popular sport by FIFA, the international soccer authority. With 63 international goals to his credit, the 32-year-old Pole beat out such all-time

football greats as Argentina's Lionel Messi and Portugal's Cristiano Ronaldo for the title. Lewandowski, who play for Germany's Bayern Munich, has scored 250 goals in the Bundesliga (Germany's major league) and has won the league's Top Scorer Award five times. He is also the all-time top scorer for Poland, has been named Polish Player of the Year a record eight times, and in 2015 won the World's Top Goal Scorer Award. He was awarded four Guinness World Records after scoring spectacular five goals in only nine minutes against Germany's Wolfsburg team in 2015. Lewandowski is the first Polish athlete to win a "world's greatest" award since 1974, when that title went to runner Irena Szewińska in the track and field category.

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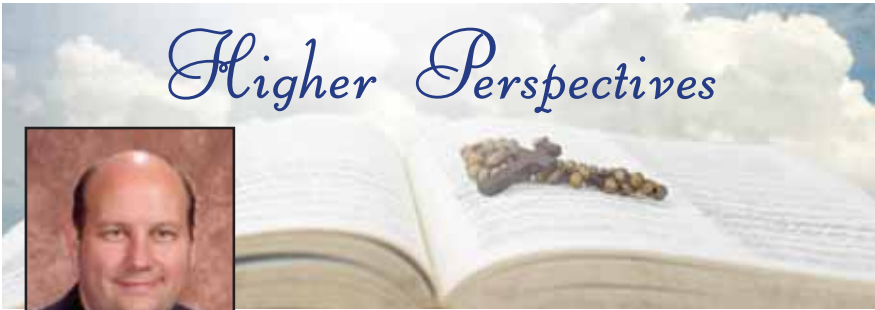
ComEd is waiving any new deposit requirements for a limited time and extending relief from various charges (such as reconnection fees) to help residential customers who may be eligible.

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By Rev. Canon
Walter J. Ptak
National Chaplain,
PRCUA

The Twelfth Day of Christmas, 2021

One of the beautiful Polish customs of the Christmas Season which we are now celebrating is the blessing of our homes with incense and the marking of our doors with chalk on the Feast of the Epiphany or Three Kings. This Feast on January 6th marks the Twelfth day of Christmas and is often referred to as "Little Christmas". In Poland, it is now a national holiday and it continues to be one of the Holy Days of Obligation in the Catholic Church there. It is on this day that we commemorate and celebrate the visit of the Three Magi to the newborn King, revealing Him to be the Messiah of all nations.

The word Epiphany means to make manifest and thus, the Magi, who were not of Jewish lineage, recognize Him to be the One foretold by the prophets. Jesus is now revealed to be the Savior of all by their presence in Bethlehem. The beautiful Christmas *kołęda*, 'Mędrcy Świata' reminds us of this visit as it tells the story of what happened that day and the jealousy and rage of King Herod.

Since many of our parishes offer blessed chalk and incense to be taken home and used in a home blessing, I thought I would share with you this simple version to help you revive or continue a custom that still has great meaning today.

After marking the inside lintel of main doors of your home with **20 + K.M.B. + 21**, all make the sign of the cross and the head of the house reads the following prayer:

The Three Magi:

Kasper,
Melchior,

Balthasar, followed the Star of God's only begotten son who came to us
20 Two Thousand and
21 Twenty-one years ago

May Christ bless our home and protect all who come and go through the doors of our home and remain with us in each and every day of this new year, 2021. Amen.

This feast ends the traditional Twelve Days of Christmas. It also begins the older tradition of the Roman Catholic Church in celebrating the Christmas Season for a full forty days, up until the Feast of the Presentation of the Lord in the Temple on February 2nd, which is commonly referred to as Candlemas Day. In the Catholic Church today, the Christmas Season liturgically closes on the Feast of the Baptism of the Lord on January 10, 2021. It is my wish that each and every day of this 'Season of Love', from Christmas Day until Candlemas Day, February 2nd, brings you closer to the One of whom the angels sing, Jesus the Christ, the word made flesh in the glory of the Incarnation!



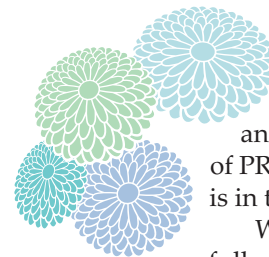
*A Blessed, Healthy, Much Better New
Year to All!*
Szczęśliwego, Zdrowego i Nowego Roku!

DEARLY DEPARTED PRCUA BROTHERS AND SISTERS



Member	Society	State	Member	Society	State
Baracz, Henry J.	2109	OH	Kubena, Jan	1219	IL
Bugaj, Stanley	247	OH	Marzec, Clara J	880	IL
D'Amico, Helen	2319	PA	McMahan, Mary Lou	2293	PA
Doherty, Karen	2144	OH	Merchel, Helen	1593	MI
Downs, Chantel T.	162	MI	Mroczek, Anna R.	546	IL
Jackson, Kimberly D.	1437	DE	Ostraszewski, Leona	1615	PA
Jesensky, Edward A.	36	OH	Ostrowski, James E.	1415	IL
Kalinowski, Barbara	1612	IL	Radziun, Dorothy	2308	WI
Kobierowski, Edmund J.	1301	NY	Sawicki, Helen M.	162	MI
Kocot, Andrzej	1004	MO	Spigel, Christian J.	1413	MI
Kohout, Joyce S.	471	NM	Strzeszewski, Gordon	2315	WI
Kopec, Therese	2220	OH	Taraszkiewicz, Lucretia M.	162	MI
Kowalski, Barbara	907	NJ	Thomas, Robert P.	2015	PA
Krasniewski, Kenneth J.	1000	IL	Wilgocki, Joan K.	111	NY

Get Well Wishes



PRCUA extends get well wishes and prayers to the past National Director of PRCUA District #7, Robert Bugielski who is in the hospital.

We hope that he is feeling better and will fully recover soon!



LEADERS OF THE POLISH ROMAN CATHOLIC UNION OF AMERICA (continued)

emigres in 1842. Pope Leo XIII granted the request under certain condition, and on January 23, 1980, Fr. Moczygemba made his religious profession with the Resurrectionists and left Rome, returning to America as a member of the Congregation of Resurrection.

In May 1882, Fr. Moczygemba left Wisconsin and moved to St. Alphonsus parish in Lemont, IL. In 1884, thanks to his efforts, Saints Cyril and Methodius parish was built in Lemont.

As a result of various concerns, mostly against the location of the projected Polish college and seminary in Nebraska the project was stopped. Other sites (Detroit, Chicago and Milwaukee) were suggested as more suitable locations for the proposed institution. Fr. Joseph Dabrowski was made the executor of Fr. Moczygemba's project, lands in Nebraska were sold, and the establishment of the Sts. Cyril and Methodius Seminary was finally realized by Fr. Dabrowski in 1885 in Detroit, MI (later moved to Orchard Lake, MI).

In 1888, with his health declining, Fr. Moczygemba took permanent residency in Detroit, and after he petitioned Rome, he became a diocesan priest with no obligations toward any religious order. For a year he was the pastor of St. Mary's at Parisville, MI and then for several months, he officiated at St. Stanislaus Parish in Hilliards, MI.

Fr. Leopold Moczygemba died on February 23, 1891 in Detroit and was buried in Mount Elliot cemetery. On October 13, 1974, his remains were reinterred in Panna Maria, TX. He established number of parishes, founded schools, was one of the founding members of the Polish-American Association, and performed his ministry serving Polish German, Italian, English, Czech, and Spanish immigrants.

Nadchodzą Świąta – podaruj rodzinie zabezpieczenie finansowe!



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Po więcej informacji zadzwoń lub odwiedź PRCUA.org

(773) 782-2642

Michał Dziadkowiec

Koordynator Działu Sprzedaży

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Przykładowe składki dla dziewcząt

Wiek	\$5,000	\$10,000	\$25,000	\$50,000
0	\$656.78	\$1,076.07	\$2,333.91	\$4,430.33
5	\$720.58	\$1,203.65	\$2,652.88	\$5,068.25
10	\$795.63	\$1,353.75	\$3,028.13	\$5,818.75
15	\$882.31	\$1,527.13	\$3,461.56	\$6,685.63

Przykładowe składki dla chłopców

Wiek	\$5,000	\$10,000	\$25,000	\$50,000
0	\$710.41	\$1,183.32	\$2,602.05	\$4,966.60
5	\$782.33	\$1,327.15	\$2,961.63	\$5,685.75
10	\$867.07	\$1,496.63	\$3,385.33	\$6,533.15
15	\$963.78	\$1,690.05	\$3,868.88	\$7,500.25

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KARNAWAŁOWE PRZYSMAKI

FAWORKI LANE

Sześć żółtek rozbić z 1 łyżką cukru pudru, 2 łyżkami rumu i dosypać tyle mąki aby ciasto lało się z łyżki. W głębokim rondlu rozgrzać paczkę smalcu lub olej. Nabierać pełną łyżkę ciasta i wlewać ciasto na tłuszcz obracając w różnym kierunku (lub w kształt spirali). Jak się zrumieni z jednej strony, obrócić na drugą i zrumienić. Wyjąć na papierowy ręcznik aby odsączyć z nadmiaru tłuszczu, przełożyć na talerz i posypać cukrem pudrem.

SALATKA Z KURCZAKA

1 całe pieczone lub gotowane udko kurczaka; 1 czerwona papryka; 1 puszka ananasa (12 uncji); 1 pęczek koperku; 1 1/2 filiżanki (cup) ugotowanego ryżu długoziarnistego; 1 puszka kukurydzy; 3 łyżki majonezu; 3 łyżki gęstego jogurtu naturalnego; sól i pieprz do smaku

Ugotowany i ostudzony ryż wsypać do miski, dodać drobno pokrojone udko z kurczaka. Paprykę umyć, usunąć gniazda nasienne,

drobno pokroić. Odsączyć ananasa na sitku i drobno pokroić. Odsączyć kukurydzę. Posiekać drobno koperkę. Wszystkie składniki dodać do kurczaka, doprawić solą i pieprzem, dodać majonez i jogurt i dokładnie wymieszać. Odstawić do lodówki na kilka godzin przed podaniem.

SALATKA ZIEMNIACZANA

1 1/2 funta małych ziemniaków; 1 mała cebula; 3-4 ogórki konserwowe; wysmażone skwarki z 1/2 paczki (12 oz) wędzonego boczku (więcej wg. uznania); majonez.

Ziemniaki dobrze wyszorować i ugotować uważając, żeby się nie rozpadły. Ostudzić i pokroić w grube plastry (można przed pokrojeniem obrać). Pokroić boczek w kostkę i dobrze wysmażyć. Pokroić cebulę w ćwierć plasterki, a ogórki w plasterki.

Wszystkie składniki przełożyć do miski, dodać majonez. Doprawić solą i świeżo zmielonym czarnym lub kolorowym pieprzem. Całość delikatnie wymieszać. Posypać koper-

kiem i usmażonym boczkiem.

RÓŻE KARNAWAŁOWE

3 5/8 filiżanek (cup) mąki pszennej; 5 żółtek; szczypta soli; 1 łyżka spirytusu (lub 2 łyżki rumu); 3/4 filiżanki (cup) gęstej kwaśnej śmietany. Ponadto: olej do głębokiego smażenia, cukier puder do posypania, konfitura owocowa do dekoracji

Mąkę przesiać, dodać żółtka, szczyptę soli, spirytus i śmietanę. Dobrze wyrobić do otrzymania gładkiego ciasta. Zawinąć w folię na 30 minut (odłożyć w temperaturze pokojowej).

Po tym czasie ciasto dobrze wybić wałkiem, aby w cieście pojawiły się pęcherzyki powietrza (15-30 minut) - ciasto wałkować, składać, ubijać wałkiem (proces kilkakrotnie powtórzyć). Po skończeniu ciasto owinąć folią spożywczą i schłodzić przez 30 minut w lodówce.

Podzielić ciasto na kilka mniejszych części (pracując tylko z częścią ciasta, resztę pozostawić w lodówce), podsypać mąką i rozwałkować cienko. Wycinać równą liczbę krążków trzech wielkości. Każdy z krążków naciąć kilkakrotnie

nożem, nie docinając do środka. Krążki składać po 3, najmniejszy na wierzchu. Palcem mocno docisnąć środek, by się dobrze skleily.

Róże kłaść na gorący tłuszcz, najmniejszym krążkiem do spodu. Smażyć przez około 2 minuty na złoty kolor z obu stron, odsączyć na ręczniku papierowym. Po wystudzeniu posypać cukrem pudrem, w środek nałożyć łyżeczkę konfitury owocowej.

BIGOS

1 słoik kapusty kiszzonej, 1/2 małej główki białej kapusty, 1 funt mięsa wieprzowego, 1 laska kiełbasy wędzonej (najlepiej dwie różne); 3/4 uncji suszonych grzybów; 2 łyżki musztardy; 2 łyżki keczupu; 2 łyżki powideł śliwkowych; 2 małe przeciery pomidorowe; 7 ziarenek ziela angielskiego; 5 listków laurowych; sól i pieprz

Wieprzowinę umyć, osuszyć papierowym ręcznikiem i pokroić w kostkę. Kapustę kiszoną opłukać. Kapustę białą poszatковать. Wszystko przełożyć do garnka, zalać wodą (tak aby woda przykryła wszystkie składniki) (dok. na str. 19)

UBEZPIECZENIA BEZ TAJEMNIC

Robert Sobczak,
Specjalista ds. ubezpieczeń

Zapisy i po zapisach

Sezon zapisowy dla większości rezydentów USA można uznać za zamknięty. Zarówno posiadacze Medicare, których coroczny okres zapisowy (AEP) zakończył się 7 grudnia, jak i osoby korzystające z planów typu Obamacare zakończyły już zapisy 15 grudnia. Wydawałoby się, że możemy odetchnąć spokojnie i zająć się świętami. Niestety nie tak do końca. Jest jeszcze parę obowiązków, którymi musimy się zająć by mieć pewność, że wybrany przez nas plan wystartuje z data 1 stycznia.

Posiadacze Medicare:

1. Upewnijmy się, że plan, który wybraliśmy jako ostatni jest zarejestrowany odpowiednio w Medicare. Dotyczy to planów typu Medicare Advantage (MAPD) i planów zniżkowych na leki na receptę (PDP).
2. Sprawdźmy, czy otrzymaliśmy nową kartę ubezpieczeniową. Dotyczy to planów typu Medicare Advantage i planów zniżkowych na leki na receptę.
3. Wybierzmy lekarza prowadzącego. Dotyczy to w większości planów typu HMO, gdzie

lekarz prowadzący (Primary Care Provider) jest sternikiem naszego planu i to on wystawia skierowania do lekarzy specjalistów i badania dokonywane w ramach planu.

4. Upewnijmy się, czy nie nastąpiła zmiana właściciela planu lub nazwy planu.

W 2021 roku plany zniżkowe na leki na receptę firmy SilverScript będą występować pod nazwą Aetna SilverScript. Kartą o tej nazwie musimy posługiwać się w aptekach od 1 stycznia.

Posiadacze Obamacare:

1. Sprawdźmy Eligibility Letter, czyli formę zatwierdzającą poziom pomocy finansowej na rok następny. Dokument ten zawiera również listę żądań, które zobowiązani jesteśmy dostarczyć do urzędu Marketplace, aby nasz plan został zatwierdzony lub kontynuowany w kwocie ustalonej w trakcie zapisywania się. Najczęściej proszeni jesteśmy o dostarczenie dokumentów potwierdzających status emigracyjny, numer social security, poziom oczekiwanych dochodów, utraty ubezpieczenia, zawarcia związku małżeńskiego lub rozvodu.
2. Upewnijmy się, że styczniowa opłata za plan zostanie uiszczona jeszcze przed końcem bieżącego roku. Ta opłata ma krytyczne znaczenie i może oznaczać być albo nie być dla naszego planu typu Obamacare na przyszły rok. Pamiętajcie Państwo, że jeśli plan nie wystartuje ze względu na nie dokonanie pierwszej opłaty miesięcznej,

to nie będzie można go wskrzesić przez cały następny rok.

3. Wybierzmy lekarza prowadzącego. Dotyczy to planów typu HMO, gdzie lekarz prowadzący (Primary Care Provider) jest sternikiem naszego planu i to on wystawia skierowania do lekarzy specjalistów i badania dokonywane w ramach planu.
4. Upewnijmy się, że nasz lekarz prowadzący należy do odpowiedniej Grupy Medycznej (oznaczonej trzycyfrowym numerem). Dotyczy to posiadaczy planów HMO z firmy ubezpieczeniowej BCBS. Jeśli nasz lekarz prowadzący nie jest w wybranej przez nas grupie (sprawdźmy oznaczenie na nowej karcie ubezpieczeniowej), to jego skierowania nie będą ważne i wizyty u niego będą płatne w 100% stawki.

Jak widzicie Państwo trzeba trzymać rękę na pulsie by mieć pewność, że plany wybrane przez nas będą działać w sposób przez nas oczekiwany lub działać w ogóle.

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ROK 2021 OGŁOSZONY ROKIEM KARD. STEFANA WYSZYŃSKIEGO

Sejm Rzeczypospolitej Polskiej przyjął w dniu 27 listopada 2020 r. uchwałę, na mocy której postanowił, że 2021 rok będzie Rokiem kardynała Stefana Wyszyńskiego.

W 2021 roku przypadają dwie ważne daty związane z kard. Wyszyńskim – to 120. rocznica jego urodzin i 40. rocznica śmierci. Kościół katolicki oczekuje również na uroczystość beatyfikacyjną Prymasa. Uzgodniona ze Stolicą Apostolską na 7 czerwca 2020 roku została bezterminowo zawieszona. Nowy termin zostanie ustalony i ogłoszony po ustaniu pandemii Covid-19.

Inicjatorem tej uchwały był Senat Uniwersytetu Kardynała Stefana Wyszyńskiego w Warszawie. W uzasadnieniu decyzji podano: “Sejm Rzeczypospolitej Polskiej przekonany o szczególnym znaczeniu osoby kardynała Stefana Wyszyń-

skiego dla poszanowania godności człowieka i wolności, szacunku do Ojczyzny i budowania wolnej i niepodległej Polski, ustanawia rok 2021 – Rokiem kardynała Stefana Wyszyńskiego”.

Sejm podjął także uchwały ogłaszające rok 2021 m.in. rokiem Konstytucji 3 Maja (w 230. rocznicę uchwalenia), Cypriana Kamila Norwida (w 200. rocznicę urodzin), Krzysztofa Kamila Baczyńskiego (w 100. rocznicę urodzin), Tadeusza Różewicza (w 100. rocznicę urodzin) i Stanisława Lema (w 200. rocznicę urodzin) oraz Rokiem Powstań Śląskich (w 100. rocznicę III powstania śląskiego) oraz Rokiem Pracowników Ochrony Zdrowia.

Również litewski Sejm ogłosił rok 2021 Rokiem Konstytucji 3 Maja i Zaręczenia Wzajemnego Obojga Narodów.



KARNAWAŁOWE PRZYSMAKI (dok. ze str. 18)

i gotować na średnim ogniu około godziny.

Suszone grzyby zalać w słoiku gorącą wodą i moczyć ok. 1 godz. Następnie grzyby pokroić w drobną kostkę i dodać do bigosu.

Kiełbasę pokroić w drobną kostkę. Zmniejszyć ogień. Dodać pokrojoną kiełbasę, przecier pomidorowy, musztardę, powidła, keczup, ziele angielskie i liść laurowy. Przyprawić solą i pieprzem i gotować ok 2-3 godz. na wolnym ogniu, często mieszając, aby bigos się nie przypalił.



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